

# Sleepy Sarah

*Owlishly*

by  
Mia  
Zamora  
Johnson



A n A m i g u r u m i  
B a b y G i r l P a t t e r n

Shhhh.....

*Owlishly*

by  
Mia Zamora Johnson  
owlishly.typepad.com 2008

This work is licensed under the Creative Commons Attribution-Noncommercial-No Derivative Works 3.0 License To view a copy of this license, please visit <http://creativecommons.org/licenses/by-nc-nd/3.0/>; or, (b) send a letter to Creative Commons, 543 Howard Street, 5th Floor, San Francisco, California, 94105, USA. - Essentially meaning please don't share/reproduce/sell this pattern, or dolls made from this pattern. Feel free to make as many as you'd like for yourself or to give as gifts, but please respect my request as the designer. Thanks!

## Materials

- Worsted weight yarn in a flesh color & reddish pink
- Size G/4.5mm crochet hook
- Locking stitch markers
- Yarn & embroidery needles
- DMC Embroidery floss in- DK Cranberry (601) & Black (310)
- Poly-fil/Wool roving to stuff doll

## Abbreviations

beg-	Beginning
ch-	Chain
cont-	Continue
dec-	Decrease
inc-	Increase
rnd-	Round
rep-	Repeat
sc-	Single Crochet
sc2tog-	Single Crochet 2 together (a decreasing st)
sl st-	Slip Stitch
st(s)-	Stitch(es)
[ ]-	Sets apart a group of stitches to be repeated as a whole.



## About the Pattern

- Sarah is crocheted in continuous spirals without joining the rounds. You will need a stitch marker to keep track of where the beginning of each round starts; move the marker up to the first stitch of the next round after finishing the previous one.
- When you are changing yarn color, begin the sc with the first color. After the yarn over grab the second color with the hook and bring it through both loops on the hook to complete the stitch, thus allowing the next stitch to be entirely the second color.

## Crochet Techniques Needed

- Adjustable ring
- Increasing and decreasing
- Single crochet
- GAUGE- none in particular, just be sure that you crochet tight enough that the stuffing will not come out, and that the doll feels sturdy.

## Finished Size

approx. 6 inches tall

- Also when you look at the pictures and use them as reference, I just want to let you know that I am left handed and so the direction in which the rounds are going, and the way the hook is positioned is opposite for those of you that are right handed.
- The yarns used for this project are listed in the Final Notes section if you're interested in using the same colors and yarns that made this little girl!





## Head

• Reminder- do not join the rounds crocheting will be in a continuous spiral, top down.

- Round 1 In a reddish pink color, make an adjustable ring and work 4 sc in the ring, do not join, using the stitch marker in the first stitch of the next round ----- 4 sts.
- Round 2 [sc in next st, 2 sc in next st] 2 times ----- 6 sts.
- Round 3 [sc in next 2 sts, 2 sc in next st] 2 times ----- 8 sts.
- Round 4 [sc in next 3 sts, 2 sc in next st] 2 times ----- 10 sts.
- Round 5 [sc in next 4 sts, 2 sc in next st] 2 times ----- 12 sts.
- Round 6 [sc in next 3 sts, 2 sc in next st] 3 times ----- 15 sts.
- Round 7 [sc in next 4 sts, 2 sc in next st] 3 times ----- 18 sts.
- Round 8 [sc in next 5 sts, 2 sc in next st] 3 times ----- 21 sts.
- Round 9 [sc in next 6 sts, 2 sc in next st] 3 times ----- 24 sts.
- Round 10 [sc in next 7 sts, 2 sc in next st] 3 times ----- 27 sts.
- Round 11 [sc in next 8 sts, 2 sc in next st] 3 times ----- 30 sts.
- Round 12 sc in each st around ----- 30 sts.
- Round 13 sc in next 12 sts, **change to flesh** color for the next 6 sts, **change back to reddish pink** for the last 12 sts ----- 30 sts.
- Round 14 sc in next 11 sts, **change to flesh** color for the next 8 sts, **change back to reddish pink** for the last 11 sts ----- 30 sts.
- Round 15 sc in next 10 sts, **change to flesh** color for the next 10 sts, **change back to reddish pink** for the last 10 sts ----- 30 sts.
- Round 16 sc in next 4 sts, sc2tog, sc in next 3 sts, **change to flesh** color, sc, sc2tog, sc in next 4 sts, sc2tog, sc in next 3 sts, **change back to reddish pink**, sc, sc2tog, sc in next 4 sts, sc2tog ----- 25 sts.
- Round 17 sc in next 3 sts, sc2tog, sc in next 2 sts, **change to flesh** color, sc, sc2tog, sc in next 3 sts, sc2tog, sc in next 4 sts, **change back to reddish pink**, sc2tog, sc in next 2 sts, sc2tog ----- 20 sts. **Change the yarn to flesh** colored for the **remainder** of the head.
- Round 18 [sc in next 2 sts, sc2tog] 5 times ----- 15 sts. Stuff the head with poly-fil/wool as tightly as you can get it, since you're making a ball and won't be able to stuff again.
- Round 19 [sc in next st, sc2tog] 5 times ----- 10 sts.
- Round 20 [sc2tog] 5 times ----- 5 sts. Using the yarn and a yarn needle close up the hole by stitching back and forth across the opening, then weave in remaining yarn.

# Pattern

## Arms

(make 2)

- Round 1 Begin by using the reddish pink yarn, make an adjustable ring and work 4 sc in the ring, do not join, using the stitch marker to mark the first stitch of the next round ----- 4 sts.
- Round 2 [sc, sc 2 in next st] 2 times ----- 6 sts.
- Round 3 [sc, sc 2 in next st] 3 times ----- 9 sts.
- Round 4 [sc, sc2tog] 3 times ----- 6 sts.
- Rnds 5-9 sc in each st around ----- 6 sts. After completing round 9 fasten off each arm leaving a length of yarn to sew the arms to the body. Put them aside until you've finished the body.

## Body

- Reminder- do not join the rounds crocheting will be in a continuous spiral.

- Round 1 In the reddish pink color, make an adjustable ring and work 5 sc in the ring, do not join, using the stitch marker to mark the first stitch of the next round ----- 5sts.
- Round 2 [2 sc in each st] 5 times ----10 sts.
- Round 3 [sc in next st, 2 sc in next st] 5 times -----15 sts.
- Round 4 [sc in next 2 sts, 2 sc in next st] 5 times ----- 20 sts.
- Round 5 [sc in next 3 sts, 2 sc in next st] 5 times ----- 25 sts.
- Round 6 [sc in next 4 sts, 2 sc in next st] 5 times ----- 30 sts.
- Round 7 in inside loop only, sc in each st around ----- 30 sts.
- Rnds 8-14 sc in each st around ----- 30 sts.
- Round 15 [sc in next 8 sts, sc2tog] 3 times ----- 27 sts.
- Round 16 [sc in next 7 sts, sc2tog] 3 times ----- 24 sts.
- Round 17 [sc in next 6 sts, sc2tog] 3 times ----- 21 sts.
- Round 18 [sc in next 5 sts, sc2tog] 3 times ----- 18 sts.
- Round 19 [sc in next 4 sts, sc2tog] 3 times ----- 15 sts.
- Round 20 sc in each st around ----- 15 sts. Stuff the the body to finish it up. Fasten off and leave a length of yarn to sew the body to the head after attaching the arms.

## Final Notes

- Using a yarn needle and the remaining yarn, pinch the top of the arms together and sew each arm together. Decide upon the placement of the arms on the body, and using a length of remaining yarn, sew the arms to the body.
- Sew the body to the head, going around until you're comfortable with the security of the stitching, when you've used up most of the yarn, finish by by inserting the needle through the neck and pulling it out the other side then doing that again and tugging tightly while you snip the remaining yarn as closely as you can get to the neck, move the head around a bit and the end will work it's way back into the body.

# Pattern



- Using the red embroidery floss, embroider the mouth onto her face. Using the black embroidery floss, embroider the eyes onto her face. Also, use the chain stitch and yarn to embroider a border around the face to hide the color changes, and when you're finished, fasten it off and weave in the remaining yarn.

- If you'd like, you can also sew the tips of the hands together and to the belly to resemble mine even more.

- In case you were wondering, the yarns I used for this project were:

Cascade 220- 8021 for the skin

Lion brand Vanna's Choice baby- Cheery Cherry for everything else!

- If you have any questions or suggestions regarding this pattern please email me at [owlishly.designed@gmail.com](mailto:owlishly.designed@gmail.com). To read a bit more about this pattern and all my others, and to find out where they're available come visit me at [owlishly.typepad.com](http://owlishly.typepad.com). I appreciate your support, and I am glad you like Sarah!

Mia Zamora Johnson

